

Our activity is to Declare and Decree what God says

Declare means to make known and set forth

Decree establishes the heavenly blessing in our reality and destroys anything that opposes it

- Romans 8:37 “No, in all these things we are more than conquerors through him who loved us.”
- Romans 8:38-39 “For I am convinced that neither death nor life, neither angels nor demons,³⁹ neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.”
- Hebrews 13:5 “Never will I leave you; never will I forsake you.”
- Isaiah 54:17 “No weapon forged against you will prevail.”



Prayer

Deepening Connection and Communication to God



Answering these Questions

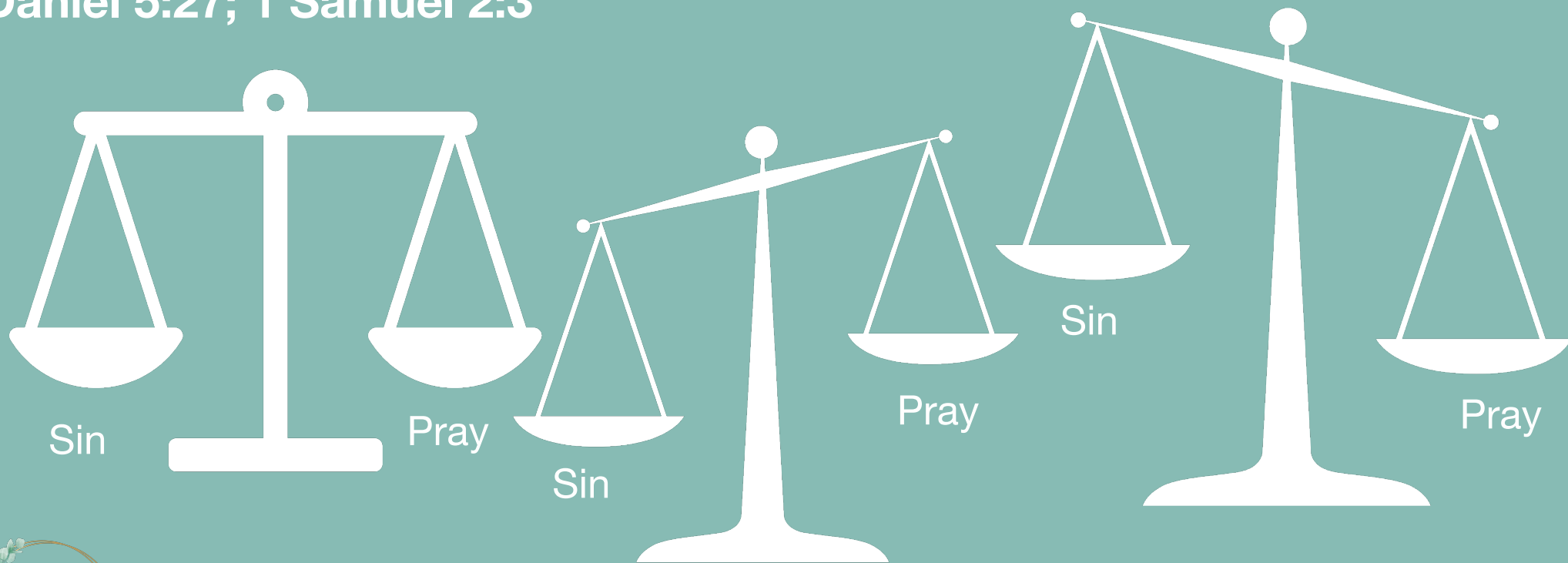
Example of a Topical Bible Study

- What is prayer?
- How to establish a good prayer life?
- How to pray?
- What is the purpose of prayer?
- What does Scripture have to say about prayer?



The Balancing Act

Revelation 8:4: “smoke of the incense, with the prayers of all the saints”
Daniel 5:27; 1 Samuel 2:3



Pray

What is prayer?

- The first time we see people “crying out” to God is in Genesis 4:26
- The word “prayer” was first mentioned in David’s prayer in 2 Samuel 7:18-29 vs 28-29: “Sovereign Lord, you are God! Your covenant is trustworthy, and you have promised these good things to your servant. Now be pleased to bless the house of your servant, that it may continue forever in your sight; for you, Sovereign Lord, have spoken, and with your blessing the house of your servant will be blessed forever.” -execute judgment
- The first actual prayer is located in Genesis 3
- Prayer at its core is a connection to God
- Communication



Jesus teaches us what to do when praying

Matthew 6:6-8

- Go into your room, close your door
- Don't babble on, thinking your many words will get you heard
- Believe your Father knows what you need before you ask Him



Jesus teaching on how to pray

Acknowledgment

Honor,
acknowledging
His holiness

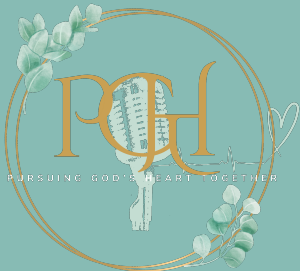
Forgiveness

‘Our Father in heaven,
hallowed be your name, your kingdom
come, your will be done, on earth as it is in
heaven. Give us today our daily bread. And
forgive us our debts, as we also have
forgiven our debtors. And lead us not into
temptation, but deliver us from the evil one.’
-Matthew 6:9-15

Kingdom minded

What we
need

Guarding



After in Luke

What is the imagery?

Then Jesus said to them, “Suppose you have a friend, and you go to him at midnight and say, ‘Friend, lend me three loaves of bread; a friend of mine on a journey has come to me, and I have no food to offer him.’ And suppose the one inside answers, ‘Don’t bother me. The door is already locked, and my children and I are in bed. I can’t get up and give you anything.’ I tell you, even though he will not get up and give you the bread because of friendship, yet because of your shameless audacity he will surely get up and give you as much as you need.

What are the two things being compared?

So I say to you: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. “Which of you fathers, if your son asks for a fish, will give him a snake instead? Or if he asks for an egg, will give him a scorpion? If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask him!” -Luke 11:5-13



After in Matthew

Command



“When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. But when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.” -Matthew 6:16-18



To give reward for a loss, injury or work they have done



Fasting and Pray

Does fasting affect your prayers?

- To abstain from food; fast (first fast in Judges 20:26; before inquiring of God and while weeping)
- Jesus fasted 40 days in Matthew 4:1-2 and Luke 4:1-2 before starting Ministry
- Why food? God is the bread of life! God is what sustains you!
- A time of fasting was commanded for the Day of Atonement (Yom Kippur)
- Fasting is also mentioned in Esther, Nehemiah, Psalms, Daniel, and Luke.
- Mark 9:29 Prayer and Fasting: “This kind (of demon possession) can come out by nothing but prayer and fasting.” (NKJV)



Types of Prayers

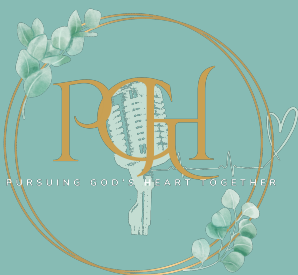
The different ways we can pray

- Talking to God prayers
- Requesting prayers
- Petitioning prayers
- Being a Watchman of the people prayers
- Intercessor for people prayers
- Lamentation/repentance prayer
- Worship and thanksgiving prayers
- Declaration prayers (praying Scripture)
- The inquiring prayers
- Speaking and tongues prayers (October 18, 2026 more on this)



Talking to God

Example: Abraham



Request

Example: Moses



Petition

Example: Luke 18:1-8 (persistent widow)



Watchman

Example: Ezekial



Intercessor

Example: Jesus in Romans 8:34



Lamentation/ Repeantace

Example: Books Lamentations and Psalms



Worship/Thanksgiving

Example: Paul



Inquiring

David



Setting Up a Space

Prayer closet (designated place where you have a Bible, journal, and pen)

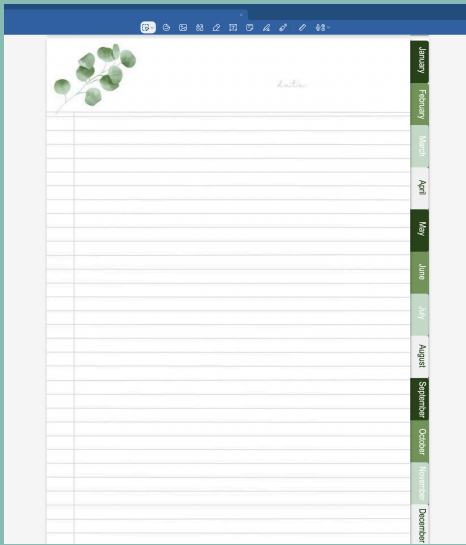
- As quiet as possible (this may mean adjusting **when** you do this)
- Floor space and table space (hard surfaces)
- Computer/ Spiral/ Notebook Journal/Voice recording/Notes on your phone
- Create a clean and relaxing space (candles)
- Access to music
- No phone, or it is on silent





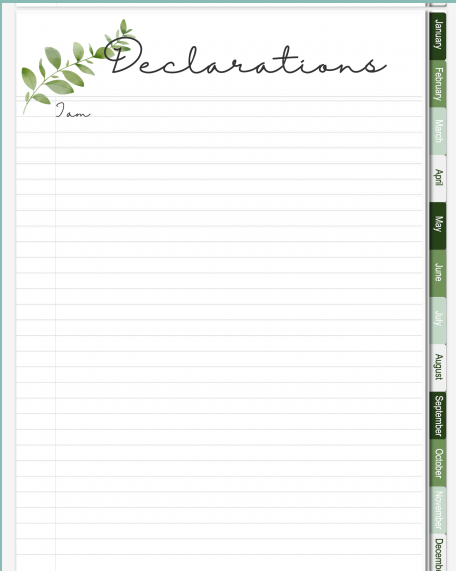
My Digital Journal

Using Goodnotes



Journal Page

Monthly Calendar



Declarative Prayer

Monthly Thankful List



The Power of Praying

- Prayer of Jabez in 1 Chronicles 4:9-10 (asked, cried out): “And God granted his request.”
- Daniel’s prayer in chapter 9 of Daniel: “Now, our God, hear the prayers and petitions of your servant. For your sake, Lord, look with favor on your desolate sanctuary. Give ear, our God, and hear; open your eyes and see the desolation of the city that bears your Name. We do not make requests of you because we are righteous, but because of your great mercy. Lord, listen! Lord, forgive! Lord, hear and act! For your sake, my God, do not delay, because your city and your people bear your Name.” vs. 17- 19
- Gabriel appears as Daniel is praying and says, “As soon as you began to pray, a word went out, which I have come to tell you, for you are highly esteemed.” Vs 23



The Power of Praying

- Ezekiel 14:13-14 “I stretch out my hand against it to cut off its food supply and send famine upon it and kill its people and their animals, even if these three men—Noah, Daniel, and Job—were in it, they could save only themselves by their righteousness, declares the Sovereign Lord.”
- Moses prayer for the People throughout Exodus
- Mark 9:29 Prayer and Fasting: “This kind (of demon possession) can come out by nothing but prayer and fasting.” (NKJV)
- Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective. James 5:16



Righteousness

Right standing with God

- Forgiveness vs no forgiveness
- Prayers can be hindered (Isaiah 59:2 and throughout Scripture when the people went into Exile) because of sin and for husbands (1 Peter 3:7)
- Prayers of a righteous man (James 5:16; Daniel 9; Ezekiel 14: 12-14)
- The intention of the heart is very important (Judges 10:11-16 -But you have forsaken me and served other gods, so I will no longer save you vs 13)



The Importance of Prayer

- Relationship with God to remain in Him and with Him John 15:1-17
- Inviting God into every situation by faith, as in James 2:14-26: “I will show you my faith by my deeds.” And “You see that a person is considered righteous by what they do and not by faith alone.”
- Allow God to remind us of Kingdom values “But seek first his kingdom and his righteousness, and all these things will be given to you as well.” Matthew 6:33 on the topic of worry
- Inviting His strength and power into our lives, as in Daniel 10:15-18: “I feel very weak. How can I, your servant, talk with you, my lord? My strength is gone and I can hardly breathe”... “When he spoke to me, I was strengthened and said, ‘Speak, my lord, since you have given me strength.’”



The Importance of Prayer

- Gives us a new perspective, a new direction, and/ or a new strategy

2 Samuel 5:17-25 “When the Philistines heard that David had been anointed king over Israel, they went up in full force to search for him, but David heard about it and went down to the stronghold. Now the Philistines had come and spread out in the Valley of Rephaim; so David inquired of the Lord, “Shall I go and attack the Philistines? Will you deliver them into my hands?” The Lord answered him, “Go, for I will surely deliver the Philistines into your hands.”

The Lord answered him, “Go, for I will surely deliver the Philistines into your hands.”

So David went to Baal Perazim, and there he defeated them. He said, “As waters break out, the Lord has broken out against my enemies before me.” So that place was called Baal Perazim. The Philistines abandoned their idols there, and David and his men carried them off. Once more the Philistines came up and spread out in the Valley of Rephaim; so David inquired of the Lord, and he answered, “Do not go straight up, but circle around behind them and attack them in front of the poplar trees. As soon as you hear the sound of marching in the tops of the poplar trees, move quickly, because that will mean the Lord has gone out in front of you to strike the Philistine army.” So David did as the Lord commanded him, and he struck down the Philistines all the way from Gibeon to Gezer.



Activity

Choose a prayer type below that you haven't done before, then write it out somewhere you can keep it.

- **Requesting:** you have a need
- **Petitioning:** need to see change
- **Watchman:** requesting protection
- **Intercessor:** requesting justice, mercy, someone to follow God...
- **Lamentation/repentance:** acknowledgment of sin and desire to turn away
- **Worship and thanksgiving:** Praise and thankfulness for what God has done, is doing, or will do
- **Inquiring:** seeking an answer

